

Dear Parents / Carers,

The table below gives you information about the theme your child will be learning about for this term, each class can take a different approach to this topic, to be more specific for the group of children, your child is with. If you feel you can help us in anyway please get in touch!

<h2 style="text-align: center;">HELPERS AND HEROES</h2>			
Curriculum Subject Focus	History	Art 2D	Music
Spring Term 2025			
Happy Centred Schools Driver: Spring 1 - Achievement & Success, Spring 2 – Support			
<p>The Helpers and Heroes theme is designed to develop pupils' life-long learning knowledge and skills through Music, History, and Art. Pupils will explore heroes from the past and present, as well as people and organisations who help others, and represent these ideas through 2D artwork. Music will support the theme through the exploration of adding movement, body percussion and dynamic shapes linked to superheroes!</p> <p>Consistent routines in DT and PE will support pupils' independence skills (EHCP-focused) and broaden their understanding of the wider world through imaginative, purposeful experiences. Collaborative learning will be strengthened through activities that promote togetherness and inclusivity.</p> <p>Throughout the term, sessions will have clear learning intentions connected to Music, History, or Art. Knowledge will build cumulatively towards pathway end points. In addition, learning about sports and healthy lifestyles will help pupils develop strategies that support positive mental health and wellbeing.</p>			
Class Focus	<p>This term, pupils in Butterflies class will explore the Helpers and Heroes theme through Music, History, and Art, developing early awareness of people who help us and simple hero ideas. Learning will be play-based, sensory, and structured, supporting communication, independence, and social interaction. Pupils will engage with familiar helpers and peers through songs, movement, body percussion, stories, role-play, and 2D art.</p> <p>Consistent routines in DT and PE will build independence and confidence, while collaborative activities will promote turn-taking, sharing, and playing alongside others. Music and movement will support regulation, wellbeing, and physical development, alongside early understanding of healthy bodies and active lifestyles. Learning intentions will be clear and revisited, enabling cumulative progress towards pathway end points within an inclusive, supportive environment.</p>		
Project & External Visits	Play Valley		
Independence Cooking	<p>Exploring mixing and pouring</p> <p>Using cutlery, cups and appropriate resources independently.</p>		
Books	<p>Ten Little Superheroes</p> <p>All the People who work through the night whilst we sleep</p> <p>The Hospital Dog</p> <p>We're going on an egg hunt</p>		
Happy Centred School	<p>Achievement and success</p> <p>Support</p>		
PE /Forest School / Forest School	<p>Activities: Dance</p> <p>Kit: t shirt, shorts or leggings/joggers</p> <p>Indoor</p>		

Key Dates:

- School Opens 5th January 2026
- Helpers & Heroes Parent/Carers Afternoon – 3rd February 2026
- School Closes 13th February 2026
- School Re-opens 23rd February 2026
- World Book Day 5th March 2026 – Optional Dress up for all pupils
- Training Day – School closed for pupils – 9th March 2026
- School Closes 27th March 2026
- School Re-opens 13th April 2026

As always thank you for your support

Sarah Powell

Class Teacher