

Dear Parents / Carers,

The table below gives you information about the theme your child will be learning about for this term, each class can take a different approach to this topic, to be more specific for the group of children, your child is with. If you feel you can help us in anyway please get in touch!

HELPERS AND HEROES			
Curriculum Subject Focus	History	Art 2D	Music
Spring Term 2025 Happy Centred Schools Driver: Spring 1 - Achievement & Success, Spring 2 – Support The Helpers and Heroes theme is designed to develop pupils' life-long learning knowledge and skills through Music, History, and Art. Pupils will explore heroes from the past and present, as well as people and organisations who help others, and represent these ideas through 2D artwork. Music will support the theme through the exploration of adding movement, body percussion and dynamic shapes linked to superheroes! Consistent routines in DT and PE will support pupils' independence skills (EHCP-focused) and broaden their understanding of the wider world through imaginative, purposeful experiences. Collaborative learning will be strengthened through activities that promote togetherness and inclusivity. Throughout the term, sessions will have clear learning intentions connected to Music, History, or Art. Knowledge will build cumulatively towards pathway end points. In addition, learning about sports and healthy lifestyles will help pupils develop strategies that support positive mental health and wellbeing.			
Class Focus	Caterpillars will be learning about people in our community who help others including: superheroes, emergency service, community helpers and our families. In art, the children will be creating pictures and artwork inspired by superheroes and community heroes, in music, they will be making their own songs and playing different instruments and in history, the children will be learning about symbols and images linked to different helpers and heroes.		
Project & External Visits	External Visit: Meadow Trip to the Little Town of Play where pupils will take part in emergency service role play. Special Visits from nurses, the fire engine and the police. We also have some fun activities planned during this theme, including a Valentine's disco, an Easter egg hunt, and a heroes fun run fundraiser.		
Independence Cooking	During Spring 1 Caterpillars will be focusing on making different pancakes and rice crispy buns and in Spring 2 they will learn how to use different cooking tools to make a variety of deserts using fruits such as fruit cocktail.		
Books	Ten Little Superheroes -Mike Brownlow & Simon Rickerty. All Through the Night: The People Who Work While We Sleep - Polly Faber The Hospital Dog – Julia Donaldson We're going on an Egg Hunt – Martha Mumford.		
Happy Centred School	Support Achievement & Success		
PE /Forest School / Swimming	Kit: PE kit on a Tuesday, Swimming kit on a Thursday. Indoor: pupils may wear shoes, trainers or slippers with backs in and sole grips. Outdoor: weather appropriate shoe; wellies and waterproof clothing can be sent in once and kept in school for ease.		

Key Dates:

- School Opens 5th January 2026
- Helpers & Heroes Parent/Carers Afternoon – 3rd February 2026
- School Closes 13th February 2026
- School Re-opens 23rd February 2026
- Training Day – School closed for pupils – 9th March
- World Book Day 5th March 2026 – Optional Dress up for all pupils
- School Closes 27th March 2026
- School Re-opens 13th April 2026
- As always thank you for your support

Gwyneth Beaumont- Class Teacher