

Dear Parents / Carers,

The table below gives you information about the theme your child will be learning about for this term, each class can take a different approach to this topic, to be more specific for the group of children, your child is with. If you feel you can help us in anyway please get in touch!

HELPERS AND HEROES			
Curriculum Subject Focus	History	Art 2D	Music
Spring Term 2025			
Happy Centred Schools Driver: Spring 1 - Achievement & Success, Spring 2 – Support			
<p>The Helpers and Heroes theme is designed to develop pupils' life-long learning knowledge and skills through Music, History, and Art. Pupils will explore heroes from the past and present, as well as people and organisations who help others, and represent these ideas through 2D artwork. Music will support the theme through the exploration of adding movement, body percussion and dynamic shapes linked to superheroes! Consistent routines in DT and PE will support pupils' independence skills (EHCP-focused) and broaden their understanding of the wider world through imaginative, purposeful experiences. Collaborative learning will be strengthened through activities that promote togetherness and inclusivity. Throughout the term, sessions will have clear learning intentions connected to Music, History, or Art. Knowledge will build cumulatively towards pathway end points. In addition, learning about sports and healthy lifestyles will help pupils develop strategies that support positive mental health and wellbeing.</p>			
Class Focus	Hazel Class will be learning about Helpers and Heroes in everyday life while exploring different jobs and careers, and how those people help us.		
Project & External Visits	We are hoping to visit a couple of places to support our understanding of the roles of our everyday heroes, such as a visit to the farm to understand what Vets do, as well as a trip to the National Emergency Services Museum.		
Independence Cooking	In Cooking, we are developing our skills in using cooking tools. We will be basing our sessions of healthy foods and snacks, such as fruits and vegetables.		
Books	Our books this term are Life Savers: Spend a day with 12 real-life emergency service heroes - Eryl Nash , and Traction Man – Mini Grey .		
Happy Centred School	We will gently support children to feel confident in asking for help in ways that work for them. Children's achievements will be noticed and celebrated as they happen, including during assembly. We will also help children to feel safe and supported when spending time with children from other classes.		
PE /Forest School / Swimming	Swimming will take place on Tuesday. We will also take part in Forest School on Tuesdays and PE on Thursdays . For PE, children will need a PE kit with shorts, a T-shirt and trainers. During these sessions, we will gently encourage the children to practise dressing and undressing independently, with lots of support and reassurance. In Pe we will be focussing on dance and outdoor adventurous activities.		

Key Dates:

- School Opens 5th January 2026
- Helpers & Heroes Parent/Carers Afternoon – 3rd February 2026
- School Closes 13th February 2026
- School Re-opens 23rd February 2026
- Training Day – School closed for pupils – 9th March
- World Book Day 5th March 2026 – Optional Dress up for all pupils
- School Closes 27th March 2026
- School Re-opens 13th April 2026

As always thank you for your support!
Lydia, James, Joanne and Leah.