

Dear Parents / Carers,

The table below gives you information about the theme your child will be learning about for this term, each class can take a different approach to this topic, to be more specific for the group of children, your child is with. If you feel you can help us in anyway please get in touch!

<b>HELPERS AND HEROES</b>			
<b>Curriculum Subject Focus</b>	<b>History</b>	<b>Art 2D</b>	<b>Music</b>
<b>Spring Term 2025</b>			
<b>Happy Centred Schools Driver: Spring 1 - Achievement &amp; Success, Spring 2 – Support</b>			
<p>The Helpers and Heroes theme is designed to develop pupils' life-long learning knowledge and skills through Music, History, and Art. Pupils will explore heroes from the past and present, as well as people and organisations who help others, and represent these ideas through 2D artwork. Music will support the theme through the exploration of adding movement, body percussion and dynamic shapes linked to superheroes! Consistent routines in DT and PE will support pupils' independence skills (EHCP-focused) and broaden their understanding of the wider world through imaginative, purposeful experiences. Collaborative learning will be strengthened through activities that promote togetherness and inclusivity. Throughout the term, sessions will have clear learning intentions connected to Music, History, or Art. Knowledge will build cumulatively towards pathway end points. In addition, learning about sports and healthy lifestyles will help pupils develop strategies that support positive mental health and wellbeing.</p>			
<b>Class Focus</b>	<p>Holly Class will be exploring Helpers and Heroes, such as doctors and firefighters. The children will learn about helpers through simple stories, songs and music. They will make and create artwork using different materials to represent each hero.</p>		
<b>Project &amp; External Visits</b>	<p>We will create a class sensory book about helpers and heroes. Each child will contribute artwork and photos linked to different helpers. We will learn a simple helpers and heroes song to share at the end of the term. We are also hoping to go on a school trip to support learning about helpers.</p>		
<b>Independence Cooking</b>	<p>In cooking we will be trying new foods and textures. We will also explore pouring and begin to teach cutlery control. We will use our skills to create healthy snacks such as fruit yogurts.</p>		
<b>Books</b>	<p>Holly class books this term are Life Savers: Spend a day with 12 real-life emergency service heroes - Eryl Nash, Traction Man – Mini Grey, Little People Big Dreams – David Attenborough and finally, Supertato the Great Eggscape – Sue Hendra</p>		
<b>Happy Centred School</b>	<p>We will gently support children to feel confident in asking for help in ways that work for them. Children's achievements will be noticed and celebrated as they happen, including during assembly. We will also help children to feel safe and supported when spending time with children from other classes.</p>		
<b>PE /Forest School / Swimming</b>	<p>Swimming will take place on Wednesdays. We will also take part in Forest School on Wednesdays and PE on Fridays. For PE, children will need a PE kit with shorts, a T-shirt and trainers. During these sessions, we will gently encourage the children to practise dressing and undressing independently, with lots of support and reassurance. In Pe we will be focussing on dance and outdoor adventurous activities.</p>		

**Key Dates:**

- School Opens 5<sup>th</sup> January 2026
- Helpers & Heroes Parent/Carers Afternoon – 3<sup>rd</sup> February 2026
- School Closes 13<sup>th</sup> February 2026
- School Re-opens 23<sup>rd</sup> February 2026
- Training Day – School closed for pupils – 9<sup>th</sup> March
- World Book Day 5<sup>th</sup> March 2026 – Optional Dress up for all pupils
- School Closes 27<sup>th</sup> March 2026
- School Re-opens 13<sup>th</sup> April 2026

As always thank you for your support Becki, Trena, Becky, Sophie and Kerri