**Ideas Timetable for Home learning**

*Routine and familiarity is very important to our little people, please feel free to use this timetable and resources to help you through the time at home.*

*Please look on Pinterest, there are lots of lovely ideas for sensory/messy play and mark making, all things our little ladybirds love!*

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|  | **9:00-10:00** | **10:00-10:30** | **10:30-11:30** | **11:30-12:30** | **12:30-1:00** | **1:00-2:00** | **2:00-2:30** | **2:30-3:30** |
| **Monday** | **Sharing** – *your turn, my turn (ball rolling, posting toys etc.)* | **Snack Time** – *can children show/choose their snacks and use cards to ask for them?* | **Sensory Story** – *story sheet and objects (see sheets)* | **Lunch Time** *– can children help to prepare lunch, chopping, spreading, sprinkling.* | **Outside play time** | **Water Play** – *cups, bottles, dolls, boats and sponges are all fab!* | **Snack Time** *can children show/choose their snacks and use cards to ask for them?* | **Sensory time** – *foot spa, hand/foot massage with scented lotions* |
| **Tuesday** | **Natural Exploration** – *visit the garden, or bring in sticks, leaves, flowers in a tray to explore.* | **TACPAC** – *Using wooden spoons and sponges (see info sheet).* | **Story Massage** – *massage to stories, see info sheet.* | **Music Time** – *wooden spoons, pans, pasta/rice in pots to shake together.* |
| **Wednesday** | **Sensory Circuit** – *stepping stones, different heights/ textures (cushions, bath mats etc).* | **Sensory Story** – *story sheet and objects (see sheets)* | **Sharing** – *your turn, my turn (ball rolling, posting toys etc.)* | **Water Play** – *cups, bottles, dolls, boats and sponges are all fab!* |
| **Thursday** | **Music Time** – *wooden spoons, pans, pasta/rice in pots to shake together.* | **TACPAC** – *Using wooden spoons and sponges (see info sheet).* | **Sensory Circuit** – *stepping stones, different heights/ textures (cushions, bath mats etc).* | **Sensory time** – *foot spa, hand/foot massage with scented lotions* |
| **Friday** | **Mark Making** – *inside or outside (see pinterest for ideas) glitter, chalk, water, mud, edible paint etc.* | **Sensory Story** – *story sheet and objects (see sheets)* | **Water Play** – *cups, bottles, dolls, boats and sponges are all fab!* | **Natural Exploration** – *visit the garden, or bring in sticks, leaves, flowers in a tray to explore.* |