

Dear Parents / Carers,

The table below gives you information about the theme your child will be learning about for this term, each class can take a different approach to this topic, to be more specific for the group of children, your child is with. If you feel you can help us in anyway please get in touch!

<h2 style="text-align: center;">HELPERS AND HEROES</h2>			
Curriculum Subject Focus	History	Art 2D	Music
Spring Term 2025			
Happy Centred Schools Driver: Spring 1 - Achievement & Success, Spring 2 – Support			
<p>The Helpers and Heroes theme is designed to develop pupils' life-long learning knowledge and skills through Music, History, and Art. Pupils will explore heroes from the past and present, as well as people and organisations who help others, and represent these ideas through 2D artwork. Music will support the theme through the exploration of adding movement, body percussion and dynamic shapes linked to superheroes!</p> <p>Consistent routines in DT and PE will support pupils' independence skills (EHCP-focused) and broaden their understanding of the wider world through imaginative, purposeful experiences. Collaborative learning will be strengthened through activities that promote togetherness and inclusivity.</p> <p>Throughout the term, sessions will have clear learning intentions connected to Music, History, or Art. Knowledge will build cumulatively towards pathway end points. In addition, learning about sports and healthy lifestyles will help pupils develop strategies that support positive mental health and wellbeing.</p>			
Class Focus	Throughout the term, J1 will be focusing on developing communication skills, building friendships, and increasing independence through meaningful, real-life experiences.		
Project & External Visits	Over the Spring term one of our key activities will be walking to the local shops, where pupils will develop important community skills such as road safety awareness, understanding money, and practising appropriate behaviour in public spaces. These experiences will help pupils build confidence and independence.		
Independence Cooking	As part of our independence, pupils will be taking part in practical cooking sessions each week. They will learn how to safely use a range of kitchen equipment, including heat sources and basic cooking tools such as knives for chopping. Our cooking sessions aim to help pupils develop confidence, independence, and life skills.		
Books	Goodnight, Mister Tom Little People, BIG DREAMS – Louis Braille		
Happy Centred School	As part of our Happy Centred Schools, pupils will be developing important social and emotional skills. We will be focusing on working as part of a team, interacting with others, and working towards shared goals. Pupils will be encouraged to support and help one another, as well as to recognise when they need help and how to ask for it. These skills will be practised throughout our classroom activities, projects, and community visits.		
PE /Forest School/ Swimming	J1 will have PE, Forest School and Swimming every Monday. Pupils will need a swimming kit and PE kit in school please.		

Key Dates:

- School Opens 5th January 2026
- Helpers & Heroes Parent/Carers Afternoon – 3rd February 2026
- School Closes 13th February 2026
- School Re-opens 23rd February 2026
- Training Day – School closed for pupils – 9th March
- World Book Day 5th March 2026 – Optional Dress up for all pupils
- School Closes 27th March 2026
- School Re-opens 13th April 2026

As always thank you for your support.

Class Teacher, Emily