

Dear Parents / Carers,

The table below gives you information about the theme your child will be learning about for this term, each class can take a different approach to this topic, to be more specific for the group of children, your child is with. If you feel you can help us in anyway please get in touch!

Helpers and Heroes			
Curriculum Subject Focus	History	Art- 2D	Music
<b>Spring term 2026</b> <b>Happy Centred Schools Driver: Achievement and Success</b>			
<p>The <i>Helpers and Heroes</i> theme is designed to develop pupils' life-long learning knowledge and skills through Music, History, and Art. Pupils will explore heroes from the past and present, as well as people and organisations who help others, and represent these ideas through 2D artwork. Portraits, facial features, and differences will provide meaningful links across subjects and offer real-life, engaging learning opportunities.</p> <p>Consistent routines in DT and PE will support pupils' independence skills (EHCP-focused) and broaden their understanding of the wider world through imaginative, purposeful experiences. Collaborative learning will be strengthened through activities that promote togetherness and inclusivity.</p> <p>Throughout the term, sessions will have clear learning intentions connected to Music, History, or Art. Knowledge will build cumulatively towards pathway end points. In addition, learning about sports and healthy lifestyles will help pupils develop strategies that support positive mental health and wellbeing.</p>			
<p><b>Class Focus</b></p> <p>This term our learning will be centred around <i>Goodnight Mr Tom</i>, helping pupils explore people's lives and roles during the past, and recognise similarities and differences between then and now. Through stories, images and discussion, pupils will begin to build an understanding of their own personal and family history.</p> <p>In Art, pupils will safely use and explore a range of materials, tools and techniques—experimenting with colour, design, texture, form and function. They will also have opportunities to share their creations and talk about the processes they have used.</p> <p>In Music, pupils will sing, hum, or recognise a range of well-known nursery rhymes and songs. They will also work together to perform songs, rhymes, poems and stories, and—where appropriate—try to move in time with the music.</p>			
<p><b>Project &amp; External Visits</b></p> <p>Across the six weeks of Spring 1, pupils will work towards their learning intentions by creating two contrasting art pieces inspired by our theme <i>Helpers and Heroes</i>. The first piece will feature an “old and modern” wash background, allowing pupils to explore differences between past and present through colour, tone and simple artistic techniques. During Spring 2, pupils will design and create a multisensory alphabet braille board.</p>			

	<p>The second piece, displayed on the reverse, will focus on people who help me. Pupils will represent key helpers in their lives and the wider community—such as transport workers, family members, doctors, emergency services and local community supporters. Through drawing, collage and mixed media, pupils will explore the roles these people play and why they are important.</p> <p>This project will encourage pupils to think about change over time, recognise everyday heroes, and express their ideas creatively while developing confidence in using a variety of art materials and techniques.</p>
<b>Independence Cooking</b>	<p>This half term, the children will be developing their early cooking skills through a range of fun, hands-on food activities. They will practise chopping and spreading with growing control, and explore different textures and tastes as they learn about concepts such as <i>hot and cold</i> and <i>crunchy</i>.</p> <p>Activities will include making Rice Krispie cakes, preparing vegetable sticks, and mixing and pouring ingredients to make simple cakes. Throughout these sessions, the children will be supported to handle equipment and ingredients safely while building their confidence and independence.</p>
<b>Books</b>	<p>Goodnight Mr Tom Louis Braille - Little People Big Dreams</p>
<b>Happy Centred School</b>	<p>Spring 1: Achievement and Success Spring 2:</p>
<b>PE /Forest School</b>	<p>PE Activities: Net and ball Kit: shorts and t shirt for PE. Forest School: wellies that can be kept in school to be used during forest school and rainy plays.</p>

**Key Dates:**

- School Re-opens 5<sup>th</sup> January 2026

As always thank you for your support

Amy Brownsword  
Class teacher