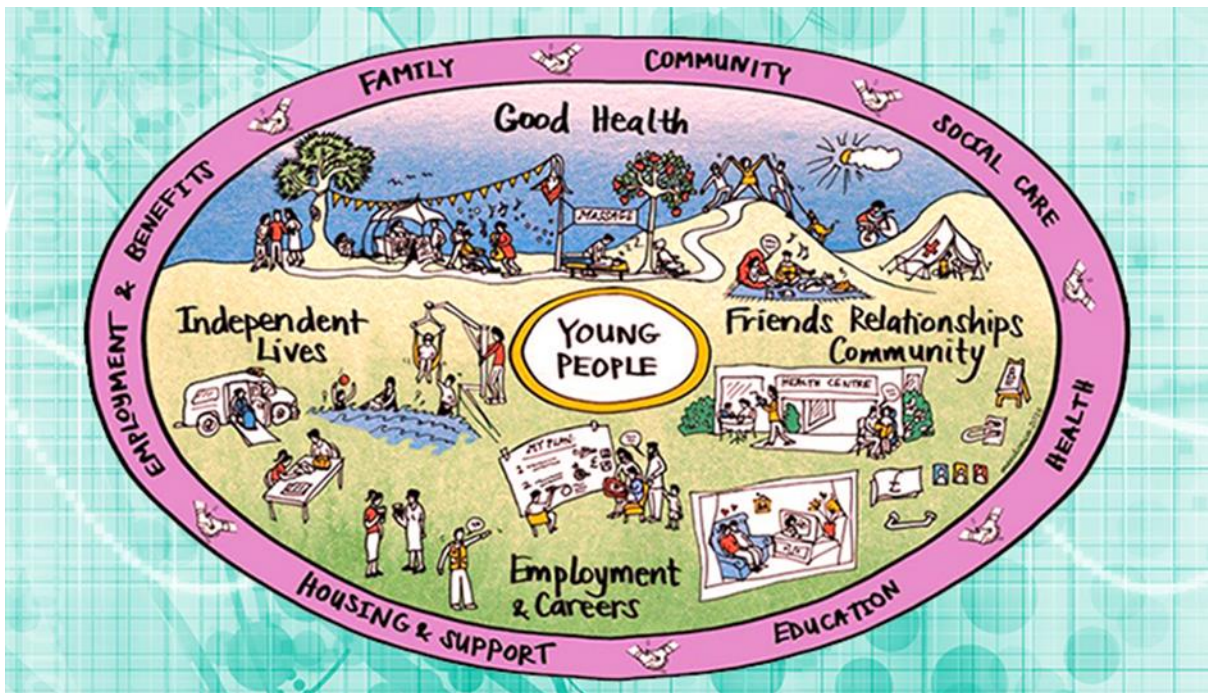


Preparing for Adulthood Outcomes



From the earliest years

Preparing for Adulthood Outcomes

Early Years (age 0-4)

Employment/HE:

- Adapting to new environments
- Playing with other children
- Following instructions (consider any specifics around sensory Impairments)
- Real world play (builder/nurse/doctor)

Independent Living:

- Feeding and drinking
- Toileting
- Getting dressed
- Making Choices
- Real world play (kitchens/DIY/cleaning)

Community Participation:

- Making friends
- Social interaction
- Visits / day trips

Good Health:

- Checks at births (hearing etc)
- Diet and food variety
- Immunisations
- 2 year old development check

Provision (Universal and Targeted):

Speech and language therapy (SLT), occupational therapy (OT), physiotherapy, health visitor, parent carers, portage, community nurse, educational psychologist, Community/disability groups, toddler groups, GPs/paediatricians, social workers/short break care, early years professionals, use of personal budgets as appropriate.

Preparing for Adulthood Outcomes

Primary (age 5-7) Reception—Y2 Key Stage 1

Employment/HE:

- 'What do you want to be when you grow up?'
- Meeting role models
- Real world visits (fire stations, farms etc.)
- Numeracy

Independent Living:

- Washing/brushing teeth
- Telling the time
- Paying in shops (supervised)

Community Participation:

- Team playing
- Developing friendships/friendship groups
- After school clubs
- Weekend activities

Good Health:

- Child obesity checks
- Diet - making choices
- Dentist school visit
- Immunisations
- Physical exercise

Provision (Universal and Targeted):

SLT, OT, physiotherapy, parents, community nurse, educational psychologist, community/disabled groups, GPs/paediatricians, social workers/respite care, use of personal budgets as appropriate, teachers / TAs / support staff, school nurse, dentist, organised clubs e.g. Brownies / Cubs (universal services)

Preparing for Adulthood Outcomes

Primary (age 8-11) Y3-Y6 Key Stage 2

Employment/HE:

- Talk about different careers and further education options
- Access to career related role models
- Start to build a personal vocational profile of interests and ambitions
- School sessions from visitors on their careers

Independent Living:

- Understanding money – paying for snacks in school
- Sleep-overs and residential trips
- Cooking at school and home
- Shopping
- Moving around the school independently
- Travel training
- Transport and road signs

Community Participation:

- Youth and after-school clubs
- Learning to be safe on and offline
- Knowing the local area
- Walking short distances alone
- Friendships
- Understanding bullying
- Managing change

Good Health:

- Managing minor health needs e.g. asthma
- Starting puberty
- Immunisations (BCG)
- Obesity check
- Articulating pain / health problems

Provision (Universal and Targeted):

As above plus: Friends/peers, careers advisers, CAMHS

Preparing for Adulthood Outcomes

Secondary (age 12-14) Y7-Y9 Key Stage 3

Employment/HE:

- Subject option choices - thinking about college, picking the right subjects for future career goals
- Exploring different career options
- Understanding requirements for FE
- Structured careers advisory sessions
- Planning for employment: what qualifications do you need; what study programme should you be on; what work experience would be most helpful
- Work experience, starting with tasters and building up to increasing time in the workplace - with support where needed

Independent Living:

- Travel training
- Making decisions about what to spend money on
- Making own food
- Socialising unsupervised in the local community
- Independent living skills

Community Participation:

- Making decisions about how to spend free time
- Managing social media and other technology
- Online gaming and staying safe
- Belonging to different groups
- Friendships and relationships
- Understanding the bigger picture and building resilience

Good Health:

- Sex education
- Immunisation - tetanus
- Managing more complex health needs
- Understanding what the GP can help you with
- Annual health check with GP if registered Learning Disability
- Mental health and wellbeing
- Drug and alcohol education
- Switching technology off and getting a good night's sleep
- Health and wellbeing

Provision (Universal and Targeted): As above plus: Personal assistants, Employers, Social Care, Travel trainers

Preparing for Adulthood Outcomes

Secondary (age 15-16) Y10-Y11 Key Stage 4

Employment/HE:

- GCSEs/NVQs/Entry level qualifications
- Vocational options
- Continue to build personal/vocational profile - use in careers sessions
- After school/Saturday jobs/part-time employment
- Understanding supported employment options e.g. access to work
- Transition to new settings
- Starting micro-enterprises

Independent Living:

- Travel training
- Making decisions about what to spend money on
- Making own food
- Socialising unsupervised in the local community
- Independent living skills

Community Participation:

- Making decisions about how to spend free time
- Managing social media and other technology
- Online gaming and staying safe
- Belonging to different groups
- Friendships and relationships
- Understanding the bigger picture and building resilience

Good Health:

- Sex education
- Immunisation - tetanus
- Managing more complex health needs
- Understanding what the GP can help you with
- Annual health check with GP if registered Learning Disability
- Mental health and wellbeing
- Drug and alcohol education
- Switching technology off and getting a good night's sleep

Provision (Universal and Targeted): As above plus: Personal assistants, Employers, Social Care, Travel trainers

Preparing for Adulthood Outcomes

Post-16 (age 16-18) In schools and post-16 providers

Employment/HE:

- Build on strengths and interests highlighted in personal/vocational profile
- Apprenticeships
- Supported internships
- Traineeships
- Further work on academic and vocational qualifications
- GCSE's and planning for further education including sharing EHC plan with disabled students allowance study needs assessor
- CV writing
- Skills in applying for jobs or further education
- Interviewing
- Understanding support from the LA, e.g. do they have a supported employment service?

Independent Living:

- Managing bills (e.g. mobile phone)
- Managing potential income including Personal Independence Payments
- Residential and local learning options
- Mental capacity - supported decision making
- Understanding consent and best interest
- Life skills
- Managing your time
- Transition to adult care
- Being safe in your home
- Understanding different types of living arrangements - what arrangements are positive and possible for each YP
- Actively planning for future living arrangements with family, LA etc.

Community Participation:

- Developing new friendships
- Personal budgets how could they be spent post-16 to further PfA aspirations
- Managing your time
- Being safe on the streets
- Understanding alcohol and drugs
- Volunteering
- Understanding the criminal justice system
- Knowing where to go for help and how to use the emergency services

Good Health:

- Taking responsibility for dental and optical appointments
- Managing own health
- Transition to adult health services
- Knowing when you need to see the GP
- Staying physically active and healthy
- Understanding relationships, including: sexual relationships; choice and consent; safety and good health

Provision (Universal and Targeted): As above plus: Personal assistants, Employers, Social Care, Travel trainers

Preparing for Adulthood Outcomes

Life After Coppice - Pathways into Adulthood – Year 14+ (age 19 to 25)

Employment/HE:

- Consolidate or finish learning
- Taking part in adult education/community learning
- Completing outcomes in EHC plan
- Voluntary work
- Knowing how to access support from Job Centre post-education
- Paid work or higher education
- Understanding benefits

Independent Living:

- Arranging potential independent/supported living options
- Planning other living arrangements
- Understanding correspondence/bills
- Continuing to develop independent living skills as part of a study programme

Community Participation:

- Accessing adult social care post-18
- Maintaining friendships outside of an education setting

Good Health:

- Managing health appointments

Provision (Universal and Targeted): As above plus: Personal assistants, Employers, Social Care, Travel trainers