



Swimming Policy

Date Published	June 2019
Version	2
Approved Date	July 2019
Review Cycle	Annually
Review Date	July 2021

An academy within:



"Learning together; to be the best we can be"

Aims of Swimming

1. To encourage pupils to be physically active and develop knowledge, skills understanding and awareness of safety within the pool.
2. To provide opportunities for pupils to experience water based activities develop water safety skills and swimming.
3. To create an atmosphere where the pupils want to learn. Pupils should be encouraged to:-
 - (a) Develop water safety skills.
 - (b) Develop water confidence skills.
 - (c) Evaluate initial attempts and try to improve
 - (d) Practice stroke skills.
4. To develop positive attitudes, pupils should be encouraged to :-
 - (a) observe and understand the importance of rules within the swimming pool and recognise potential dangers. accept a variety of outcomes, including success or failure
 - (b) be aware of their actions on others and the environment
 - (c) appreciate strengths and weaknesses of themselves and others
5. To encourage pupils to be aware of the importance of safety practices during swimming activity.
6. To encourage pupils to understand the importance of exercise in maintaining a healthy lifestyle.
7. To encourage pupils to use local leisure and sporting facilities.

General Objectives

To provide a broad and balanced curriculum appropriate to the needs of the pupils.

Activities at all Key Stages should provide this breadth and balance through:

- (a) Safe access for all students to water based activities
- (b) Development of water confidence.
- (c) individual, pair and group activities within the pool.
- (d) emphasis on the development of skills and understanding
- (e) use of different teaching styles

Organisation

Pupils will be taught Swimming by the Class Teacher/HLTA/SNA or swimming teacher, in their respective key stages. Where a class teacher is not present, swimming must only take place if there are 2 qualified swimming instructors available.

Where students attend a local leisure the duty of care remains with the school staff.

Emphasis on the development of water confidence and safety will be emphasised through out the key stages, particularly at Key Stages 1 and 2.

Due to the suitability of the Coppice School Pool only students in Foundation 1 & 2 and Key Stages 1 & 2 will use this pool. However, the pool may be used by older students for sensory water sessions.

Individual and formal strokes will be emphasised through all Key Stages, this being taught with students having the opportunity to attend a local leisure centre from Key stage 3.

Swimming and its related activities are both health promoting and provide satisfaction to all participants. Learning to swim provides a key foundation to other recreational activities. Swimming is important for students and classes will make use of the local Leisure Centre pool as well as our small internal pool.

Staff should be aware

Responsibility for Safety

- **If Poolside Emergency Alarm is not working the pool may be used but a radio link MUST be established.** The alarm will be tested each week and a copy of the checklist (Appendix 2) will be posted on the pool door or a log will be kept in the caretakers book in the main office.
- At all times 2 staff trained in Cardio Pulmonary Resuscitation (CPR) must be on the pool side.

All care plans must be read by all staff involved in Swimming lessons.

Staff must be aware of students with specific medical needs such as epilepsy and these needs need to be highlighted from the Care plans and risk assessment

At least 1 teacher and 1 SNA or 2 qualified instructors will work with students in the water and the staff to student ratio will be decided through the risk assessment based on considerations of staff and pupil needs. It is desirable, if possible, that 3 people will be on poolside at all times. Instructor's to RA each individual situation. (If in doubt consult SLT)

Monthly exiting the pool practices must be carried out and recorded on the class recording form (Appendix 1). This will ensure that all students can exit the pool safely in the case of emergencies.

All staff on the poolside need to be appropriately dressed so that they are able to fulfill their role without restriction.

There is a poolside emergency alarm which needs to be tested weekly and recorded.

- If attending outside facilities any coach/instructor must be informed of medical conditions of pupils in groups. Where possible risk assessments at venues must be obtained from venue prior to visit. Consent forms must be obtained and children requiring 1:1 adult supervision must be adhered to.
- Keys for the swimming pool are kept in the reception and are obtained immediately before swimming. They must be signed out and signed back in after swimming
- The door must be locked when the pool is not in use and locked immediately after students have left the pool area.

Student Conduct/behaviour

Student conduct when attending swimming is paramount and there is a high expectancy for students for good behaviour throughout. Accepted standards and reasons must be made clear.

All jewellery must be removed or made safe in the case where it cannot be removed.

The chewing of sweets or gum must never be allowed.

Students should not run on the poolside and entering in shallow water must be through using the steps.

Emergency procedures to clear the pool must be practiced at regular intervals and should be effected by a specified signal (whistle).

The following signals are to be deployed:

- One short blast for attention of all pool users and staff.
- In case of emergency there is a drown alarm on the pool side to summon help. Only to be used if an ambulance is required.
- Classes are issued radios and these may be used to further summon assistance.
- In the case of fire alarm students and staff must exit through the fire door taking with them a space blanket before assembling in the allocated assembly point.

Poolside issues

The water and air temperature are maintained at 30 degrees and 32 degrees so that students are able to swim comfortably.

Resources

Equipment is suitable for all Key Stages and National Curriculum requirements. The need for new equipment is looked at annually, with each class teacher or the swimming teacher stating their needs and this is looked at in the overall figure available.

Assessment

This is done by means of a variety of checklists at all Key Stages.

Reporting to Parents

This is done through the Annual Review and Annual Report or Home/school diary.

All staff involved in the delivery of the P.E. and Swimming curriculum must comply with the LEA policy on Ensuring Safe Practice in Physical Education and the BAALPE document 'Safe Practice in Physical Education'.

Swimming is an element of Physical Education and as such this policy runs in conjunction with the Coppice School Physical Education Policy.

Issues Arising from Coppice staff.
Draft Copy given to staff on

Replies and comments returned before

1

2

3

4

5

6

7

8

Signed

Date.....